



## Pop Up Swimming Pool Programme

## Coming to your child's school!

#### **Dear Parents and Carers,**

We are delighted to let you know that our school has partnered with Kanga Swim to bring the Swim:ED programme to the school site, for our pupils.

This is an amazing opportunity for your child to continue their swimming and water safety journey. Swimming Lessons will take place at the temporary swimming pool that is situated on our school site. This project aims to give your child the skills and knowledge to perform safe self-rescue and acquire the lifelong skill that is swimming. Pupils will be taught by qualified swimming instructors, supported by our staff, and lessons will be supervised by qualified lifeguards.

# The Pop-Up Pool Programme at Beckfoot Nessfield Primary will start on Monday 6<sup>th</sup> January and run to Friday 14<sup>th</sup> February.

The programme has been created with the support of **Swim England and Royal Life Saving Society** and aims to ensure every child leaving primary school is able to meet the Swimming National Curriculum requirements.

#### Expectations

As part of the National Curriculum, every child should leave primary school:

- Be able to demonstrate safe self-rescue and evidence of this in different waterbased situations.
- Be able to swim confidently, competently, and proficiently over a distance of at least 25m.
- Be able to perform a range of strokes confidently and competently.

#### Why is swimming important?

Shocking statistics demonstrate that 1 in 3 children are leaving primary school each year unable to swim 25m, and over half of year 6 pupils can't demonstrate a safe self-rescue. These figures are set to increase without intervention.





A pop-up pool is a fun and exciting addition to our school's physical education program. With dimensions of approximately 10m x 5m and a depth of 1.2m, the above-ground pool structure provides a high-quality and safe swimming experience for children. The pool meets industry standards and safety requirements, ensuring that all children can enjoy a fun and secure swimming experience. Equipped with a filter and pool heater to maintain a safe water temperature, the pool is situated under a



hard sided marquee for shelter and shade. The accompanying image provides a visual example of the pool, its setup, and structure.

## What can I do to prepare my child for school swimming lessons?

- Go swimming as a family before they start their lessons.
- Visit the Swim England parent hub at <a href="https://www.swimming.org/learntoswim">www.swimming.org/learntoswim</a>
- Find your local pool at <a href="https://www.swimming.org/poolfinder">www.swimming.org/poolfinder</a>
- Talk positively about going swimming and the importance of learning to swim.
- Ensure they are able to dress and undress themselves and dry themselves independently, including getting into and out of their swimwear.
- Support with practising blowing bubbles, splashing water over their face and submerging their face.

### What to wear for swimming?

- Girls to wear a one-piece swimming costume (clearly labelled)
- Boys to wear swimming trunks or swimming shorts above the knee (clearly labelled)
- Children may choose to wear rash vests and or leggings for modesty if they wish.
- Goggles are encouraged to be worn but remain the responsibility of the individual wearer.
- Long hair must be tied back or ideally a swimming hat worn.
- Jewellery (except for an SOS talisman) is not permitted during school swimming lessons i.e. earrings, bracelets, necklaces, waterproof watches, rings etc.
- Please ensure your child has a pair of sliders / flip flops / crocs to travel to and from the pool.
- Please ensure your child also brings a towel with them to dry after their session!





## What will school provide?

- Children will have individual changing pods within the classroom.
- School will provide a towel oodie to wear to travel to and from the pool.
- School will rinse and dry swimming costumes / shorts / towels daily, which will then be sent home to wash on a Friday (to be returned on Monday)
- Swimming caps for children with long hair

#### How Can You Support The Cause?

The Speedo Swim United initiative is committed to ensuring all children leave school able to swim and self-rescue. To continue effecting positive change the initiative welcomes support via the Swim United Change.org petition. Further information is available via the below QR code:



If you have any questions, please do not hesitate to contact the school office.